#### Curriculum vitae

### 1. Full name and date

Full name: Eriksson Johan Gunnar

Gender: Male

Date of writing the CV: November 29th, 2015

# 2. Date and place of birth, nationality, current residence

Date of birth: May 5th 1958, Helsinki, Finland

Nationality: Finnish Residence: Espoo, Finland

## 3. Education and degrees awarded

2005 Specialist Rights in General Practice, University of Helsinki

1994 Specialist Rights in Internal Medicine, University of Helsinki

1987 Licensed Physician, University of Helsinki

1986 Licentiate in Medicine (MD), University of Helsinki

1995 Docent in experimental endocrinology, University of Helsinki

## 4. Other education and training, qualifications and skills

Formal leadership schooling 17.09.2002-31.12.2003, JET-examination

## 5. Linguistic skills

Swedish, mother tongue; Finnish, fluent; English, fluent; German, satisfactory

## 6. Current position

Full professor in General Practice at University of Helsinki 01.11.2006 -Chief physician (part-time) Helsinki University Central Hospital 2009 -Program director, Folkhälsan 01.01.2010-

## 7. Previous work experience (summary)

2005-2006 Acting Professor of General Practice and Primary Health Care University of Helsinki 01.10.2005 -30.10.2006

2001- 2006 Head of Unit, National Public Health Institute, Department of Epidemiology and Health Promotion, Diabetes Unit, Helsinki, Finland

1996-2001 Senior researcher, National Public Health Institute (half-time),

1994-1996 Researcher, Academy of Finland

1992-1994 Residentship in Internal Medicine, Helsinki University Central Hospital, III Dept. of Medicine

1989-1991 Residentship in Internal Medicine and Anesthesiology, Malmi Municipal Hospital, Helsinki

1987-1988 Resident, Helsinki University Central Hospital, IV Dept. of Medicine

1993- 2008 Consultant, Helsinki Out-Patient Diabetes Centre (part time)

1988-1999 Occupational Health Physician, Samfundet Folkhälsan (part time)

## 8. Research funding (major and as PI) as well as leadership and supervision

British Heart Foundation (BHF) Growth in Childhood and Coronary Heart Disease RG/95001 1996-2000 £ 402 257

BHF Growth in Childhood and Coronary Heart Disease in Adult Life

RG/2000012 2001-2005 £ 504 500

Academy of Finland Childhood Growth and Development and Adult Health No 73296 2001-2003 € 201 825

Academy of Finland Childhood Growth and Development and Adult Health

No 80955 2002-2004 € 87 780

Academy of Finland Early Growth and Adult Health No 209072 2004-2007 € 153 000 Finnish Diabetes Research Foundation Early Growth and Type 2 diabetes 2003 € 100 000

Academy of Finland DILGOM/ELVIRA No 216374 2006-2010 € 181 720

Academy of Finland SALVE No 216374 2009-2012 € 135 000

Academy of Finland DILGOM/ELVIRA No 129255 2009-2012 € 230 800

ESF DOME-project No 129907 2009-2011 € 128 580

Academy of Finland Health ageing- a study from a life course perspective No 126775 2009-2012 € 280 000

NIH Years 2011-2013 The Development Origins of Disease and Deterioration in Old Age US dollars  $340\,000$ 

EU 7th DORIAN 2012-14 Developmental origins of healthy and unhealthy ageing: The role of maternal obesity € 560 000

Horizon2020 DynaHEALTH 2015-2020 Dynamics and Determinants of life course Health and Wellbeing € 480 000

Academy of Finland No 275074 Early Programming of Health and Disease 2014-2018 450 000 €

# Research leaderships and doctoral theses supervised under supervision

MD, DMSc Tom Forsén "Early growth and adult disease" Dissertation 2000, University of Helsinki (UH)

MD, DMSc Hilkka Ylihärsilä "Early growth and adult health outcomes" Dissertation 2009, UH

MD, DMSc Niina Lammi "Type 2 diabetes in young adults" Dissertation 2009, UH MD, DMSc Pirjo Ilanne-Parikka "Metabolic Syndrome - Lifestyle intervention in subjects with impaired glucose tolerance" Dissertation 2011, University of Tampere

MD, DMSc Maria Paile-Hyvärinen "Depression and Cognition in Type 2 Diabetes from a Life Course Perspective" Dissertation 2011, UH

PhD Minna Salonen "Early Growth and Later Health, Focus on Metabolic

Syndrome, Obesity and Physical Activity" Dissertation 2011, UH

PhD Marius Lahti "Early growth and personality disorders" Dissertation 2012, UH

PhD Hanna Alastalo "War child experience and later health", Dissertation 2013, UH

PhD Nadja Schrier "Impact of geographical and environmental factors on later health", Dissertation 2014, UH

PhD Mia Perälä "Do prenatal factors influnce glucose and lipid responses to various meals", Dissertation 2014, UH

PhD Niko Wasenius "Exercise intensity and health effects", Dissertation 2014, UH

PhD Noora Kanerva "The Healthy Nordic diet and Health Outcomes" Dissertation 2014, UH

PhD Soile Tuovinen, Maternal hypertensive disorders during pregnancy and the mental health and cognitive functioning of the adult offspring: the Helsinki Birth Cohort Study", Dissertation 2014, UH

MD, DMSc Samuel Sandboge "Prenatal and postnatal growth and later metabolism", Dissertation 2015, UH

MD, DMSc Merja Laine "Health of former Finnish elite sportsmen", Dissertation 2015, UH

#### PhD-thesis in progress

MD Reijo Siren "Health intervention in middle-aged men"

MSc Sirpa Mandeross "Agility testing – agility the secret behind healthy ageing"

MSc Sirpa Soini "Weight loss registry"

MSc Anna-Maija Tiainen "Personality and food choices"

MD Nora Grotenfelt "Long term consequences of GDM"

MD Emilia Huvinen "Heterogeneity of GDM"

MSc Jelena Meinilä "Dietary factors and risk of GDM"

Msc Anita Valkama "Diet and gene interections in GDM"

CM Anna Westberg "Maternal obesity and long term health among the offspring"

MD Agnes Stenius "Health among homeless in Finland"

MD Hanna Jantunen "Physcial activity, physical functioning and the ageing process"

ODL Hanna Poulsen "GDM and oral health among women and offspring"

# 9. Merits in teaching and pedagogical competence

Course in supervision of doctoral students, University of Helsinki, 2006

Regular involvement in planning of courses for medical students 2006 -

Responsible teacher for the course in General Practice since 2006-

Active participation in teaching for medical students throughout the curriculum (Years 1, 2,3 and 5) 2006 -

Development of new teaching methods in general practice at the medical faculty, University of Helsinki (e.g. Virtual patients, blended learning, flipped classroom) Supervised 15 doctoral theses

Presently supervising 11 doctoral students

Supervised several pro gradu works

## 10. Awards, prizes and honours

- Medix price 2002 DPS-research group best scientific publication in Finland 2001
- SNEHA India, honorary member, 2004 -
- Honorary visiting scientist, University of Southampton, UK 2005-
- Spinoza professor University of Amsterdam, 2014

#### 11. Other academic merits

Reviewer for several docentship/adjunct professorships

Doctoral thesis opponent: 15 times

Administrative responsibilities:

2001-2006 Head of Unit, National Public Health Institute, Helsinki Department of Epidemiology and Health Promotion, Diabetes and Genetic Epidemiology Unit

2008 - Head of Unit, Unit of General Practice, University of Helsinki

2010 - Director, Program of Public Health Research, Folkhälsan Research Centre, Helsinki

 $2011\ 2013$  - 1st Vice Director at the Institute of Clinical Medicine and the Faculty of Medicine responsible for research.

2012 – 2015 Work package leader EU 7th DORIAN project

2015- Work package leader Horizon 2020, DynaHEALTH project

### **Memberships:**

Member of several working groups and committees within the National Programme for Prevention and Treatment of Diabetes (DEHKO) 1999-Member of the National Finnish Expert Working Group for Treatment and Prevention of Cardiovascular Disease and Diabetes 2002-2005

Member/chairperson in several Finnish Grant reward committees 2005 – Chairperson for the Medical Advisory Board for the Finnish Diabetes Association 2009-

Board member in Arcada University of Applied Sciences 2009- 2014 Expert panel member for the Swedish Research Council 2013 - 2015

### Memberships in scientific societies:

Medical Society Duodecim, Finska Läkaresällskapet, Finnish Medical Association, European Association for the Study of Diabetes, American Diabetes Association,

Diabetes researchers in Finland, Developmental Origin of Adult Health and Disease Society (DoHAD) board member 2003-2011, SNEHA-India

## Invited assessor for international research grants:

Medical Research Council (UK, Netherlands and South-Africa), Svenska Vetenskapsrådet (Sweden), Wellcome Foundation (UK), British Heart Foundation (UK), Dutch Heart Foundation (the Netherlands) Referee for several national and international medical journal including New England Journal of Medicine, BMJ, Annals of Medicine, American Journal of Human Nutrition, American Journal of Human Biology, Annals of Medicine. Several invited Keynote lectures at international meeting

# 12. Scientific and societal impact of research

Total number of publications: 525 (Scopus 29.11.2015) H-index 81 (1996-)
Total of 32717 citations in Scopus from 1996 onwards
66 publications have been cited at least 100 times
Most cited article has been cited 5856 times Tuomilehto J, Lindström J. Eriksson, JG et al.
Prevention of type 2 diabetes mellitus by changes in lifestyle among subjects
with impaired glucose tolerance New Engl J Med 2001;334:18:1343-50

## 13. Position of trust in society and other societal merits

Member of several working groups and committees within the National Programme for Prevention and Treatment of Diabetes (DEHKO) 1999-Member of the National Finnish Expert Working Group for Treatment and Prevention of Cardiovascular Disease and Diabetes 2002-2005 Member/chairperson in several Finnish Grant reward committees 2005 – Chairperson for the Medical Advisory Board for the Finnish Diabetes Association 2009-

Board member in Arcada University of Applied Sciences 2009-2014
Expert panel member for the Swedish Research Council 2013 Member of the Organizing Committee for ECO 2003, 67th Berzelius symposium, 2006, chairman for the Program committee for the 5th World Conference for Prevention of Diabetes and its Complications, 2008, member of the organizing committee for Yrjö Jahnsson Symposium 2010, member of Program committee for the 5th DOHaD World, 2013, Singapore, member of the organizing committee for Yrjö Jahnsson Symposium 2014 member of the Program committee for EASD 2015, Stockholm, Sweden

#### 14. Other merits

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