

CURRICULUM VITAE 6.1.2017

FULL NAME FÄRKKILÄ, Martti Antero

Gender Male

DATE AND PLACE OF BIRTH 19 January 1953, Helsinki

NATIONALITY Finnish

Home address: Vehkamäki 9 C 1, 02180 Espoo, Finland

EDUCATION AND TRAINING

Licentiate of Medicine, University of Helsinki	30.5.1978
Doctor of Medical Sciences, University of Helsinki	1988
Specialist in Internal Medicine	1986
Specialist in Gastroenterology	1990
Title of Docent in Internal Medicine, University of Helsinki, Finland	21.11.1994
Clinical teacher, II Department of Medicine, Univ. of Helsinki	1985-1987
Endosonography training at Amsterdam Medical Centre	1991

LANGUAGE SKILLS

Mother tongue: Finnish

Others: Swedish, English

CURRENT POSITION

Professor in Gastroenterology, University of Helsinki	1.5.2010-
Chief Physician of Gastroenterology Helsinki University Hospital	1995-
Docent in Internal Medicine, Helsinki University	1994-
Supervisor for specialization training programme in gastroenterology	1995-
Head of the department of Internal medicine, Clinicum, Helsinki University	2015-2016
Member of Medical Faculty Council at Helsinki University	2014-

PREVIOUS PROFESSIONAL APPOINTMENTS

General practitioner, Hamina	1979-1980
Trainee in internal medicine, HUCH	1979-1985
Trainee in gastroenterology, HUCH	1987-1989
Specialist in gastroenterology	1990-1995

EXTERNAL RESEARCH FUNDING (AS PRIMARY INVESTIGATOR)

Organisation	Project	Year	Sum, €
	Factors associated with pathogenesis, progression and	2013	46.500
Sigrid Juselius	prognosis in PSC		
Foundation	Factors associated with pathogenesis, progression and	2014	46.500
	prognosis in PSC		
	TYH2012220. Stopping anti-TF-alfa therapy in IBD	2012	61.000
	TYH2013304. Factors associated with pathogenesis,	2013-2014	87.900
State funding	progression and prognosis in PSC		
(EVO)	TYH2014206. Changes in microbiota in IBD and PSC	2014-2015	85.000
	TYH2016208 Factors associated with pathogenesis,	2017	85.000
	progression and prognosis in PSC		

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Clinical	Peptic ulcer study	2012	50.000
Research	Peptic ulcer study	2014	50.000
Institute HUCH/MSD	Effect of hepatitis C on renal function and the impact of virus treatment on renal endpoints	2017	100.000
CRI HUCH/AbbVie.	IBD registry study	2013	30.000

Supervisor for doctoral dissertation in Helsinki University:

- 1. Voutilainen M. Chronic inflammation and intestinal metaplasia at squamo-columnar junction: their associations with gastro-oesophageal reflux disease. (Supervised with prof P.Sipponen) 2000.
- 2. Koskenpato J. Helicobacter pylori and functional dyspepsia. 2001
- 3. Kuisma J. Inflammation in ileal pouch: associated factors and long term prognosis. 2002
- 4. Rautiainen H. Epidemiology and treatment options of primary biliary cirrhosis. 2008
- 5. Koivisto T. Helicobacter pylori: resistance and treatment results in Finland. 2008
- 6. Punkkinen J. Gastric motility: Measurements, symptoms and therapy. (Supervised with Dr J. Koskenpato) 2008.
- 7. Sipponen T. Non invasive monitoring of activity in Crohn's disease. 2009.
- 8. Hillilä M. Irritable bowel syndrome in general population: epidemiology, co morbidity, and societal costs. 2010.
- 9. Haapamäki J. Health related Quality of life, symptoms and co morbidity in inflammatory bowel disease (Supervised together with doc P.Arkkila). 2011.
- 10. af Björkesten C-G. Monitoring treatment response in Crohn's disease. 2014
- 11. Jussila A. Inflammatory bowel disease in Finland; epidemiology, malignancies and mortality. 2014
- 12. Molander P. Stopping anti-TNF-alfa therapy in IBD (Supervised with doc Taina Sipponen) 2014
- 13. Boyd S. Early detection of biliary neoplasia in primary sclerosing cholangitis. 2017
- 14. Tenca A. Primary sclerosing cholangitis from childhood to adult age: risk factors, monitoring and outcome. 2017

Supervisor for ongoing doctoral dissertations:

- 1. Malmi H. Peptic ulcer disease in Finland
- 2. Barner-Rasmussen N. PSC: epidemiology, prognosis, comorbidities and mortality.
- 3. Puustinen L. Autoimmune hepatitis.
- 4. Puolanne A-M. Monitoring of activity in IBD from colonoscopies to home based monitoring.
- 5. Sahlman P. Alcohol liver disease
- 6. Samaletdin R. Inflammatory bowel disease (IBD) associated with primary sclerosing cholangitis

EDUCATIONAL MERITS

GCP-training (FIMEA)	2014
University pedagogics (YP1+YP2=10 op)	2015-2016
Member of the educational Committee of Finnish Gastroenterolgy society	2008-
Course director for biannual course Gastroenterology for the trainees	1995-
Member of the editorial board of textbook of Gastroenterology in Finland	1997-2011
Editor in chief textbook of Gastroenterology in Finland	2011-

Supervisor of extended studies

- 1. Schönberg Daniela. Analysis av kvalitetskriterier, indikationer och fynd I 1565 successiva undersökningar vid HUCS år 1997
- 2. Mikko Rautia. The sensitivity of endoscopic ultrasound (EUS) compared to abdominal computer

- tomograpgy (CT) and magnetic resonance imaging (MRI) in the diagnosis of pancreatic cancer in the clinic of gastroenterology at Helsinki University Central Hospital between 2000-2005.
- 3. Lassila Arne. Indikaatiot löydökset sekä esilääkityksen ja anestesian käyttö HYKS Endoskopiayksikön paksusuolen tähystyksissä 2010
- 4. Hellström Alec. Infliximab, a TNF- α antagonist, induced cutaneous reactions in patients with inflammatory bowel disease. 2014.
- 5. Lehtola Erika. Outcome of the IBD patients treated with TNF α inhibitors 2015.
- 6. Bekhtari Amina. Response guided therapy in hepatitis C: Real life treatment results in 786 patients 2015

OTHER ACADEMIC AND PROFESSIONAL MERITS AND ACTIVITIES

Examiner for doctoral dissertations

- 1. Aitola P. Primary sclerosing cholangitis. Tampere University 1995
- 2. Silvennoinen J. Bone disorders in inflammatory bowel disease. Oulu University 1996.
- 3. Heikkinen M. Dyspepsia in general practice. Population based study. Kuopio University 1997.
- 4. Pakarinen M. Lipid metabolism during postresectional adaptation of intact and autotransplanted porcine ileum. Helsinki University 1997
- 5. Kokkola A. Helicobacter pylori infection, atrophic gastritis, and cytogenetic abnormalities as risk factors for gastric carcinoma. Helsinki University 1998
- 6. Miettinen TE. Gallstone disease and cholesterol metabolism. Helsinki University 1999.
- 7. Niemi Mari. The role of apolipoprotein E in gallstone disease, colorectal cancer and gastrointestinal cell regulation. Oulu University 2000.
- 8. Vento P. Nitric oxide and neuropeptides in the gut. Changes in ulcerative colitis, pouchitis and short bowel syndrome. Helsinki University 2001.
- 9. Laukkarinen J. The effect of thyroxine on biliary motility. Tampere University 2002
- 10. Peräaho M. Dietary aspects in the diagnosis and treatment of coeliac disease. University of Tampere University 2007.
- 11. Åberg Fredrik. Long-term clinical outcome after liver transplantation. Helsinki University 2010.
- 12. Pohjanen Vesa. Toll-like receptor 4 and interleukin 6 gene polymorphism in Helicobacter pylori related disease. Oulu University 2016.

AWARDS

Nordiska Gastropriset	2011
Max Siurala Award	2014
Honorary member of Finnish Society of Gastroenterology	2016

EDITORIAL BOARD MEMBERSHIPS

Scandinavian Journal of Gastroenterology 2007(leading journal in gastroentrology in Northern Europe)

Liver International 2008(Official journal of International association for study of liver disease, IASL)

OPPONENT FOR DOCTORAL DISSERTATIONS

1. Heikius B. Pancreatic and hepatobiliary disorders in inflammatory bowel disease. Oulu University 2000.

Ad hoc reviewer for all major journals publishing gastroenterological research.

2. Hannuksela J. Hereditary hemochromatosis. With a special emphasis on HFE genotyping. Oulu University 2004

- 3. Gunnarsdottir A. Cirrhosis. Epidemiological and Clinical Aspects. University of Gothenburg, Sweden 2008.
- 4. Jörgensen KK. Inflammatory bowel disease in primary sclerosing cholangitis. University of Oslo 2013.
- 5. Ackerfors M. Natural course and treatment outcome in hepatitic C recurrence after liver transplantation. 2014 (Betygsnämd). Stockholm 2014.
- 6. Männistö V. Biomarkers for non-alcoholic steatohepatitis with special emphasis on lipid metabolism. University of Eastern Finland 2015

Examiner	for	docent	application
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1.	Niemelä S. Oulu University	1995
2.	Verkasalo M. University of Helsinki	2006
3.	Vauhkonen M. University of Helsinki	2007

Adviser board memberships

 The National Authority for Medicolegal Affairs 	2000-2012
 Finnish Pharmaceutical Insurance 	2000-
 Board for Patient Injuries 	1998-2014
Finnish representative of ECCO (European Crohn&Colitis Association)	2007-2012
National representative of UEG	2010-2015
International PSC study group. Member of steering committee	2012-2016
Chairman of The Gastroenterological Research Foundation	2008-
Member of Mary and Georg C Ehrnrooth Research Foundation	2015-

MEMBERSHIPS IN SCIENTIFIC SOCIETIES

Finnish Society of Gastroenterology	1988
 Vice president 	1999-2000
President	2001-2002
 Member of Board 	1992-1993
	1999-2002
National board of education in Gastroenterology, President	2012-2014
The Finnish Medical Society Duodecim	
– Member	1976-
Finnish Foundation for Gastroenterological Research	1994-
President	2008-

EXPERT AND SOCIAL ACTIVITIES

Member of the working group in Institute of Health and Welfare:

Burden of Hepatitis C in Finland 2013-2015 Member of the working group in Institute of Health and Welfare: Hepatitis B-vaccination group. 2014-2016 Member of the working group in Ministry of Social affairs and Health: Strategy of Hepatitis C treatment in Finland 2015-2016 Member of the working group in Fimea: 2015-2016

Cost –effectiveness of medical therapy of HCV

Member of the working group Ministry of Social affairs and Health: Colorectal cancer screening in Finland 2016

2013

OTHER EDUCATIONAL ACTIVITY

- 1. 25th Sigrid Juselius Symposium. "Diagnosis and therapy of severe liver disease" Speaker, chair and member of the organizing committee
- 2. Yrjö Jahnsson Symposium. "Chronic Inflammation, Environment and Lifestyle"

Speaker, chair and member of the organizing committee	2014
PUBLICATIONS Original peer reviewed publications	202
Publications and reviews	83
Helsinki 30.1.2017	

Martti Färkkilä