

ANNIKA LINNEA LILLRANK

Office:

Swedish School of Social Science,
University of Helsinki
P.O.Box 16, Snellmanninkatu 12
FIN-00014 University of Helsinki, Finland.
Phone: 358 2941 28437,
Mobile: 358 50 4484717.
Email: annika.lillrank@helsinki.fi

Home:

Parksvängen 13 A 12
00200 Helsinki, Finland.

Current Position

Senior Lecturer, Swedish School of Social Science, University of Helsinki.
2005 –
Associate professor in social work, particularly in health care. University of
Jyväskylä 2005-

Education

Ph.D in Social Sciences, University of Helsinki, Finland, September 1998
(Eximia cum laude)

Master of Social Sciences (Social Work, Social Policy) University of Helsinki,
Finland, February 1990.

Bachelor of Social Science (Social Policy, Social Work), Swedish School of
Social Science at University of Helsinki, May 1978.

Doctoral education: In sociology at University of Kansas, Lawrence, USA and principal
investigator of the Finnish Academy project “Living conditions of families with a chronically
ill child in the welfare state”. 1993-1996.

Doctoral education at the University of Helsinki doctoral programme: “Population, health and
wellbeing” 1996-1998.

Post-doctoral education (1999-2001) at Brandeis University and Harvard University, USA
with my research project: “Chronic pain Sufferers in Social Interaction with Health Care”.

Research Interests

Social work and sociology of health and illness, reflective social work with
immigrant families, narrative methods within qualitative research methods,
salutogenic approach to health and illness, lay perspectives on health and illness
within social work, social policy

Research Projects

A work in progress: (2016-2019) “Dilemmas of Social workers’ and Immigrant families’ in the Finnish child health care – How do social workers and immigrant families with a disabled child develop reciprocal dialogues?”.

I belong to the interdisciplinary research project (2011-2014) “Citizenization in everyday-life of immigrant families. Street-level bureaucracies, informal networks and social engagement with Finland”. My project: **“Experiences of pregnancy and motherhood among refugee women in Finland”** is one of the six project in this interdisciplinary project.

Chair for a project meeting 23.3.2015.

Forthcoming book chapter: “Motherhood, ethnicity and experience of interpretation service: An analysis of two Somali refugee women in relation to the Finnish maternity care”.

Research Experience

2002 Participated in the Academy of Finland research project (TERTTU 2004-2007) and multidisciplinary research team **“Expressions of Suffering”** that developed an interdisciplinary project that included five individual project: **“Changes in population, Changes in distress – Challenges for Finnish Health Care”**. My individual project: **“Chronic pain sufferers in social interaction with health care”** belonged to it.

1999 Organized the national autobiographic writing competition "The Back Bone in your life: Experiencing back pain" to collect research data in cooperation with professor J.P. Roos, University of Helsinki, Department of Social Policy and The Society for Back Pain Patients, Helsinki, Spring semester.

1990 Research Assistant for Professor Mary K. Zimmerman "Childhood Cancer Parents Study", Institute of Occupational Health, Department of Psychology, Helsinki, Spring and Summer.

1989 Research Assistant for Dr. Päivi Elovainio "The access to education among Egyptian girls and women", University of Helsinki, Department of Social Policy. (Summer)

Awards and Fellowships

2003, Oskar Öflund-stiftelsen, 2003, for the Back pain study.

1.10. 2000- 12.31.2001 Academy of Finland, Post-Doctoral scholarship at Brandeis and Harvard Universities, USA.

1999-2000 Asla-Fulbright scholarship (12 months) at Brandeis University, Waltham MA, USA.

1999, Alfred Kordelin, for editing a medical sociology textbook.

1998, Valdemar von Frenckel, grant for the dissertation language examination.

1998, Oskar Öflund Society, dissertation publishing grant.

1996-1998 University of Helsinki, Doctoral student in the programme: "Population, Health and Well-being"

1993-1996 Academy of Finland: Doctoral studies at Department of Sociology, University of Kansas, USA.

1991, Oskar Öflund Society, dissertation grant.

1990 The Society for Parents of Childhood Cancer dissertation grant.

1990 The Finnish Cancer Society, dissertation grant.

Member of the Doctoral Examination Committee

2011 Pre-examinator of Carmen Perez's doctoral dissertation: "*Husband's experiences with wives in long-term care with Multiple-Sclerosis disease*". 10.5. University of Lapland, Finland.

2008 Pre-examinator of Pia Liljeroth's doctoral dissertation: "*Rädsla inför förlossning – ett uppenbart kliniskt problem?*" (*Fear before Delivery – An Obvious Clinical Problem?*). 1.12. Åbo Akademi University, Finland.

2006 Opponent of Margaretha Uttject's doctoral dissertation: "Psoriasis care consumption and consequences of having psoriasis in everyday life". 7.201 Umeå University, Sweden.

Publications

Books

2000 (edited with Ilka Kangas and Sakari Karvonen)
Terveys sosiologian suuntauksia (Medical sociology textbook in Finnish). Gaudeamus Kirja, University Press Finland Ltd.

1998 *Living One Day at a Time - Parental Dilemmas of Managing the Experience and the Care of Childhood Cancer*. Doctoral Dissertation, Stakes Research Report 89. Gummerus printing, Jyväskylä.

Journal Articles and Book Chapters (peer reviewed)

2015b Hur man kan utveckla responskulturen på kandidatseminarier. (*How to give feedback to students in undergraduate seminars*) In (eds.) Londen, M,

- Mickwitz, Å & Tiihonen, S. "Hur svårt kan det vara?" Finska, finskugriska och nordiska institutionen Helsingfors Universitet.
- 2015a Trust, Vacillation and Neglect – Refugee women’s experiences regarding pregnancy and birth giving in Finland. *Nordic Journal of Migration Research* 5(2): 83-90.
- 2013 Empowerment and Resistance Resources for Immigrant women – A Case study of implementing salutogenic theory in practice. In (eds.) Törrönen, M, Borodkina, O, Samoylova, V. & Heino, E. *Empowering Social Work: Research & Practice*. Palmenia Centre for continuing education, University of Helsinki, Kotka Unit, Kopijyvä Oy.
- 2012 Managing the interviewer Self. In (eds.). Gubrium, J.F., Holstein, J.A, Marvasti, A.B & McKinney, K. *The Sage Handbook of Interview Research*. pp. 281- 294 Thousand Oaks: Sage:
- 2011 Kuoleman kohtaaminen – kenen, millainen, milloin? (Encounters with death – anybody, how, when?) (Molander, G, Kylä, J, Lillrank, A & Palanne, R. In (eds.) Andersson, L.C. Hetemäki, I, Mustonen, R. & Sihvola, A: *Kaikki irti arjesta*. pp. 86-88. Gaudeamus Helsinki University Press.
- 2009 Att kämpa för oberoende – om förtida sjukpensionering I finländska kvinnors självbiografier. (Struggling to remain independent – how Finnish women told about early retirement in their illness narratives) *Sociaalilääketieteellinen aikakauslehti* 46(2) 69-80. (Journal of Social Medicine)
- 2005 Kertomus kärsimyksestä ja moraalista: Kaisan kokemukset selkäkivusta ja vuorovaikutuksesta terveydenhuoltoon. (Suffering, pain and moral status: A back pain patient encounters health care system) *Sociaalilääketieteellinen aikakauslehti* 42:(1): 5-17. (Journal of Social Medicine)
- 2003 Back pain and the Resolution of Diagnostic Uncertainty in Illness Narratives. *Social Science & Medicine* 57, pp.1045-1054.
- 2002 The Tensions between Overt Talk and Covert Emotions in Illness Narratives: Transition from Clinician to Researcher. *Culture, Medicine and Psychiatry* 26: (1) 111-127.
- 2000 (with Ullamaija Seppälä) Sairauden ja terveyden kokemus maallikonäkökulmasta, (Lay Experience of Health and Illness) in *Terveyssosiologian suuntauksia*. Gaudeamus Kirja, University Press of Finland Ltd.
- 1999 Samspelet mellan verbal och icke-verbal interaktion i forskningsintervjuer (The Interplay Between Overt Talk and Covert Emotions in Interviews) *Sosiologia* No 2, pp 95-108.
- 1999 Varför insjuknade vårt barn? (Why did our child fall ill?) *Nordisk Sosialt Arbeid* Nr. 1, pp 33-38.
- 1998 Päivä kerrallaan - Vanhempien selviytymisstrategiat lapsen sairastuttua syöpään

- Yhteiskuntapolitiikka* Vol. 63 No 4 pp 317-326.
- 1998 Chronic Childhood Illness In Contemporary Society (Lectio praecursoria)
Sosiaalilääketieteellinen aikakausilehti No 4 pp 291-293. (Journal of Social
Medicine).
- 1991 Kvinnors dilemma i välfärdsstaten; att arbeta och sköta sjukt. *Naistutkimus-
Kvinnoforskning* Vol. 4. No1 pp 7-13.

Book Review

B2 2015 ”Inblickar i socialvårdens då, nu och framtid” *Finsk Tidskrift* No 5. pp. 78-80.

Congress Presentations

B2 2015 “Motherhood, ethnicity and experience of interpretation service. An analysis of two Somali women in relation to the Finnish maternity care. August, American Sociological Association, Chicago USA 22-25.8. (referee).

B2 2015 “Motherhood, ethnicity and experience of interpretation service: An analysis of two Somali women in relation to the Finnish maternity care. The Nordic Network for Health Research with Social Sciences 4-5.5. Bergen, Norge.

B2 2015 “Luottamusta, epävarmuutta ja laiminlyöntiä – Pakolaisnaisten kokemuksia suomalaisesta äitiyshuollosta”. Sosiaalityön tutkimuksen päivät 12-13.2. Åbo.

B2 2014 “Trust, vacillation and neglect – Refugee women’s experiences regarding pregnancy and birth giving in Finland”. The 15th Biennial Conference of the European Society for Health and Medicine. 28-29.8. Helsinki. (referee)

B2 2014 “Trust, vacillation and neglect – Refugee women’s experiences regarding pregnancy and birth giving in Finland”. American Sociological Association Annual Meeting San Francisco, USA 16-19.8. (referee)

B2 2014 “Refugee women’s health care experiences regarding pregnancy and birth in Finland. The Nordic Network for Health Research with Social Sciences. 22-24.5. Helsinki.

B2 2014 “Maahanmuuttajanaisten kokemuksia äitiyshuollosta” Voimaantumisen tukeminen monikulttuurisessa työssä. Seminaari, Kouvola 17.1.

B2 2013”Experience of pregnancy and motherhood among refugee wone – A case study of implementing the salutogenic theory in practice. 25th Nordic conference of Social Work, Tampere 28-30.8.

B2 2013 “Refugeen women’s health care experiences regarding pregnancy and birth in Finland. August, Amercian Sociological Association, New York.

B2 2012 “Salutogeeninen voimaannuttava dialogi maahanmuuttajan kertomana”
Sosiaalilääketieteen päivät 27.11. Helsinki.

B2 2012”Resources for motherhood among immigrant women in Finland. Health promotion Research – An international forum Trondheim, Norge 5-9.8.(referee).

B2 2012 “Resources for motherhood among immigrant women in Finland” 2nd International Conference on Practical Research (social work) Helsinki 30.5.

B2 2012 with Monica Eriksson: ”Pakolaisnaisten resurssit kohdata raskauden ja äitiyden tuomat haasteet”. Sosiaalityön tutkimuksen päivät, Tampere 17.2.

B2 2010 with Monica Eriksson: Health promoting sources as the back bone in life – three Finnish narratives of living with chronic back pain” IUHPE World Conference of Health Promotion, July, Geneva, Switzerland. (referee).

B2 2010b with Monica Eriksson: ”The Back Bone in Life – Three Finnish illness narratives shaping the sense of coherence. . August, American Sociological Association, Atlanta (referee).

B2 2010c with Monica Eriksson: ”Professionellt bemötande av invandrarkvinnor inom hälsovården och familjernas resurser till välbefinnande”. Sosiaalipolitiikan päivät 21.10. Helsinki.

B2 2009”Struggling to remain independent – how Finnish women told about early retirement in their illness narratives”. European Sociological Association, September, Lisboa, Portugal. (referee)

B2 2008 “Naisten kertomukset eläkkeelle jäämisestä”. Sosiaalipolitiikan päivät 15.10. Rovaniemi.

B2 2008”Illness narratives of early retired Finnish women suffering from chronic back pain – to create meanings in everyday life. August, American Sociological Association, Boston; MA (referee)

B2 2007”Dilemmas between authorized knowledge and lay knowledge claims in Finnish medical encounters”. European Sociological Association, September, Glasgow Scotland. (referee)

B2 2006 “I was happy that I was right after all” A narrative about consumer-driven medicalisation of back pain. August, American Sociological Association, Montreal, Canada (referee)

B2 2004 “A tale of suffering and moral status: A Case Study on Illness narrative” August, American Sociological Association, San Francisco, CA. (referee)

B2 2003 “A Tale of Suffering and Moral Status: a case study of illness narrative” August, American Sociological Association, San Francisco, CA. (referee).

B2 2003 "A Tale of Suffering and Moral Status: A Finnish case study of illness narrative and reconstruction of the self" September, Annual meeting of The British Sociological Association, York, U.K. (referee).

B2 2002 "Selkäpotilaiden kokemuksia diagnoosiprosessista" January, Annual Meeting of the

Finnish Medical Association.

B2 2001 "Back Pain and the Resolution of Diagnostic Uncertainty in Illness Narratives" August, American Sociological Association, Anaheim, CA. (referee)

B2 2000 "The Tensions between Overt Talk and Covert Emotions in Illness Narratives". August, American Sociological Association, Washington D.C. (referee)

B2 1999 "Interplay between Covert Emotions and Overt Talk in Interviews." August, American Sociological Association, Chicago, USA. (referee)

B2 1998 "Sairauden kokeminen - tutkimus naisten ja miesten selkävaiusta" (Experiencing Illness - a study of men and women with back pain) Sosiaalipoliittikan päivät October Turku, Finland.

B2 1998 "Parental Experiences with the Finnish Health Care System", August, American Sociological Association, San Francisco, CA. (referee).

B2 1997 "Lay and Medical Interpretations of Physical Symptoms", August, American Sociological Association, Toronto, Canada. (referee)

"Parental Experiences of the Medical Care", March, Sosiologia päivät, Helsinki, Finland.

B2 1995 "Welfare State Policies and the Division of Labor in Caregiving: Parents of Children with Cancer in Finland", August, American Sociological Association, Washington D.C. (referee).

B2 1994 (with Mary Zimmerman) "State Policies and Gender Equity in Caregiving: Parents of Children with Cancer in Finland" XIII World Congress of Sociology, July, Bielefeld, Germany. (referee).

B2 1993 "How Full-time Employed Mothers care for the Disabled Child in Finland", August, American Sociological Association, Miami Beach, Florida. (referee)

The "new" Social Problems in the Baltic States", April, The Midwest Sociology Congress, Chicago. (referee)

B2 1992 (with Mary Zimmerman and Siimes, Martti): "Family Disruption and Coping: The Impact of Childhood Cancer on Parents in Finland" July, The fourth International Conference on Social Stress Research, Venice, Italy. (referee)

B2 1990 (with Zimmerman, Mary and Siimes, Martti): "Health Service Organization and the Impact of Childhood Cancer on Parents: Finland and USA" July, The International Sociological Association Congress, Madrid. (referee)

Media Appearances and Popular Publications

B5 2011 Karinin kertomus – taistelu riippumattomuudesta. *Nikama – Ryggvännen* No 2.

B5 2006 Kärsimys, kipu ja moraalit. *Nikama – Ryggvännen* No 2.

B5 2004 Selkäpotilaiden kokemuksia diagnoosin saamisesta. *Nikama – Ryggvännen* No 1.

B5 1990 Sjúka barn – mammornas problem. *Kehykset* No 5.

B5 1991 Lasten sairastelut yhä vain äitien päänsärkyä *Sosiaaliturva* No 8. (Children's Illnesses - Still only Mothers' Problem).

B5 1998 My dissertation was featured in the *Yliopisto, Kelan sanomat* No 7, *Sosiaalityöntekijä* No 6, *Hufvudstadsbladet* 23.8, *Anna* No 39, *Sylva* No 4, *Helsingin Sanomat* 22.11, *Ilta-sanomat* 24.11.1998, The Evening News in the

National Finnish TV, November
The Morning Actualities in the National Finnish Radio, November,
B5 1999 *UUSO*, March.

Professional Expert

Expert member in the advisory board for the project “The Back Bone at Work 2011-2014”.
The Society of Helsinki metropolitan area for Back Bone”.

Professional Experience

Peer reviewed for *Culture, Medicine and Psychiatry, Medical Anthropology and Social Science and Medicine. Journal of Social Medicine, Läkärilehti, Gerontologia.*

Current Teaching Schedule

Currently since 2007-

Undergraduate courses in Social Work:

S1a Introduction to Social Work (Introduction till social arbete)

S3 Individuals in the life course (Människan I livscykelperspektiv=

S2a Social problems and models of solutions (Sociala problem och lösningsmodeller)

S10 Supervised social work practice (Handledd studiepraktik)

S11 Undergraduate writing seminar (Kandidatseminarium)

Courses Taught

2005-2007 Senior Lecturer in Social Work, responsible for a Swedish certificate of proficiency giving Master’s degree programme in Social Work at Swedish School of Social Science, University of Helsinki. Teaching and supervision in graduate level courses in Social Work, including master’s degree seminars, qualitative methods.

2005 (spring) Chydenius-Institutet – Karleby University center at University of Jyväskylä undergraduate courses in social work.

2004 (fall) Chydenius-Institutet- Karleby University center at University of Jyväskylä, undergraduate courses in social work. Participated in planning I new Master’s degree in Social Work with the department of Social Work at Jyväskylä University. Board Member in SonetBotnia (Karleby city)

2002-2004 University of Helsinki, Department of Social Policy, courses at the intermediate level in English: Health and Social Behavior, qualitative research methods for graduate students, writing courses for graduate students working on their master’s thesis, and proseminars, which means advising and teaching undergraduate students to prepare them to write their first academic paper. My duties also include supervising graduate students writing on their master’s thesis and commenting on manuscripts for doctoral thesis as well as entrance exams for international students.

2001 Boston University, Metropolitan College, Introductory course in Sociological Theories for undergraduate students, fall 2001. (48 hours)

- 1998 Swedish School of Social Sciences at University of Helsinki
Qualitative Field Methods for undergraduate students, spring semester.
- 1999 University of Helsinki, Social Policy Department, Seminar for graduate students writing proposal for Master's thesis, spring semester.
- 1999 Nordic School of Public Health, Göteborg, Sweden
An intensive introductory course in Qualitative Methods, spring semester.
- 1999 University of Helsinki, Department of Social Policy
An intensive introductory course: "How to write the master's thesis", fall semester.
- 1990-1991 The Folkhälsan Nursing School, Helsinki,
Introductory course in Sociology,
Introductory course in Social Policy
Introductory course in Social Welfare

Pedagogic Education

University pedagogy course V (5 credits) scheduled by the Department of Pedagogy, University of Helsinki (spring) 2013.

University pedagogy course I (10credits) scheduled by the Department of Pedagogy, University of Helsinki (spring) 2011.

University pedagogy, course in Mentoring 21-10. - 26.11. 2002 (5 credits) University of Helsinki.

Invited to give Public Talks

2014 "Maahanmuuttajanaisten kokemuksia äitiyshuollosta" Empowement Seminar: Voimaantumisen tukeminen monikulttuurisessa työssä 17.1. Kouvola.

2011,"Salutogeeninen näkökulma selkäsairauteen": Suomen Selkäliitto 13.5. Helsinki

2011 "Kuoleman kohtaaminen – pitkäaikaisesti sairaan lapsen vanhemman näkökulma" Tieteiden Päivät, Helsingin yliopisto 12.1.

2008, Laadullisen terveystutkimuksen seminaari "Terveyseroja avaamassa" 20.5. Helsinki.

2005, Perhetutkimus, Tampereen yliopisto.

2004 "A Tale of Suffering and Moral Status: A Finnish Case Study on Illness Experience". Seminar on Narrative Research, Department of Social Work, University of Helsinki.

2003 Biomedicum – Studia Generalia: "Selkäpotilaan kokemuksia diagnoosiprosessista"

1997, 1998 University of Helsinki, Department of Social Policy, Lectures on "Emotions and Field Research".

1999 Nordic School of Public Health, Lecture on "Emotions and Field Research", spring semester.

Special Areas of Teaching

1992 Organized on behalf of The Nordic Council of Ministers' Health and Social Service Program, an intensive introductory course: "Education for the Development of Social Services in The Baltic States" for persons within leading positions in Social Service within all three Baltic states, Tallinn Estonia, fall semester.

International research connections:

During my post-doctoral years (1999-2001) at Brandeis University and Harvard University, USA, I established close connections with Professor Peter Conrad, at Brandeis University, with Professors Arthur Kleinman and Mary-Jo DelVecchio-Good at Harvard, and with Research Professor Catherine Kohler Riessman at Boston College, and with Professor Jean E. Jackson at MIT, US. With Professor Kathy Charmaz at Sonoma State University, CA, who functioned as the opponent of my doctoral thesis.

As Social worker

I began my career as a social worker in 1978. My first permanent position was at Hesperia mental hospital (Helsinki) between 4.12.1978 and 5.1.1981. My second, position as a social worker was at University of Helsinki Clinic for Pediatric Neurology, Helsinki, between 6.1.1981 and 2.4.1990.

The union for the Finnish Social Workers accepted me as a competent supervisor in March 1991.

In the U.S., Council on Social Work Education has evaluated (16.10.2001) my social work credentials earned in Finland and can be regarded as equivalent to a Master's degree in Social Work from an accredited graduate program in the United States. I am entitled to use "MSW (equiv.)".

