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Qualifications

Kasvatuspsykologia, Luokanopettaja
Award Date: 28 Feb 2018

Terveystieto, Aineenopettaja, Jyväskylän avoin yliopisto

Research outputs

Evaluating Twelve Media Literacy and Digital Skills Interventions

Martinez, D., Helsper, E. J., d'Haenens, L., Vissenberg, J., Donoso, V., Edisherashvili, N., Puusepp, M., Kasemets, M.-L., Martínez, G., Larranaga, N., Garmendia, M., Tomczyk, Ł., Kielar, I., Tiihonen, S., Sormanen, N., Wilska, T.-A., Irani, F., Maksniemi, E., Hietajärvi, L. & salmela-aro, K., 1 Jan 2025, Zenodo.

Fostering Media Literacy: A Systematic Evidence Review of Intervention Effectiveness for Diverse Target Groups

d'Haenens, L., Vissenberg, J., Puusepp, M., Edisherashvili, N., Martinez-Castro, D., Helsper, E., Tomczyk, Ł., Azadi, T., Opozda-Suder, S., Maksniemi, E., Spurava, G., Salmela-Aro, K., Sormanen, N., Tiihonen, S., Wilska, T.-A., Hietajärvi, L., Martínez, G., Larrañaga, N., Garmendia, M. & Oliveira-Araujo, R. & 3 others, Donoso, V., Pedaste, M. & Sepielak, D., 2024, In: Media and Communication. 13, 24 p., 8901.

Report on the Development of the Evaluation Strategies Tailored to Media Literacy and Digital Skills Intervention Programmes

d'Haenens, L., Vissenberg, J., Martinez, D., Martinez, G., Garmendia, M., Larrañaga, N., Helsper, E. J., Edisherashvili, N., Maksniemi, E., Puusepp, M., Kasemets, M.-L., Tomczyk, L., Kielar, I., Krzeczowska, M., Irani, F., Hietajärvi, L., Sormanen, N., Tiihonen, S., Salmela-Aro, K. & Wilska, T.-A., 2024, Zenodo. 66 p.

The longitudinal associations between parents' mental wellbeing profiles and adolescents' physical activity, sedentary digital media use and weight

Hietajärvi, L., Engberg, E. & Maksniemi, E., 2024.

Adolescents' socio-digital engagement, sleep, and academic well-being

Maksniemi, E., 8 Dec 2023, Helsinki: Helsingin yliopisto. 97 p.

Analysing Intervention Programmes: Barriers and Success Factors. A Systematic Review

Martinez, D., Helsper, E. J., Casado, M. Á., Martinez, G., Larrañaga, N., Garmendia, M., Oliveira, R., Salmela-Aro, K., Spurava, G., Hietajärvi, L., Maksniemi, E., Sormanen, N., Tiihonen, S. & Wilska, T.-A., 1 Dec 2023, Leuven: KU Leuven: REMEDIS. 40 p.

Co-Developing Media Literacy and Digital Skills Interventions: Report on Preliminary Results

Martinez, D., Helsper, E. J., Casado, M. Á., Martinez, G., Larrañaga, N., Garmendia, M., Oliveira, R., Salmela-Aro, K., Spurava, G., Hietajärvi, L., Maksniemi, E., Sormanen, N., Tiihonen, S., Wilska, T.-A., Vissenberg, J., Puusepp, M., Edisherashvili, N., Tomczyk, L., Opozda-Suder, S. & Sepielak, D. & 2 others, Pedaste, M. & d'Haenens, L., 1 Dec 2023, Leuven: KU Leuven: REMEDIS. 22 p.

Report on the Results of a Systematic Review of the Individual and Social Differentiating Factors and Outcomes of Media Literacy and Digital Skills.

Vissenberg, J., Puusepp, M., Edisherashvili, N., Tomczyk, L., Opozda-Suder, S., Sepielak, D., Hietajärvi, L., Maksniemi, E., Pedaste, M. & d'Haenens, L., Dec 2023, KU Leuven: REMEDIS. 67 p.

The Associations Between Parents' Smartphone Usage And Preschool-aged Children's Physical Activity

Engberg, E., Hietajärvi, L., Maksniemi, E., Pulli, A., Paasio, H., Okely, A., Roos, E. & Leppänen, M., Sept 2023, In: *Medicine and Science in Sports and Exercise*. 55-9S, p. 518-519 1568.

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Meriläinen, M., Hietajärvi, L. & Maksniemi, E., 28 Jun 2023, *Helsingin Sanomat*.

Hyvinvoiva nuori digiajassa: tasapainon löytäminen on avain hyvinvointiin

Maksniemi, E., Matikainen, J. & Hietajärvi, L., Feb 2023, In: *Liito : Liikunnan ja terveystiedon opettajat ry:n jäsenlehti*. 2023, 2, p. 8-9 2 p.

Reasons and consequences for media multitasking during studying – an experience sampling approach

Hietajärvi, L., Maksniemi, E., Järvinen, J., Ketonen, E. E., Lonka, K. & Salmela-Aro, K., 2023.

Situational and daily technology use and wellbeing among adolescents: A report on the findings from an ESM study conducted in Belgium and Finland

Järvinen, J., Maksniemi, E., Hietajärvi, L., Gale, J., Bossens, E. & Salmela-Aro, K., 2023, KU Leuven: ySKILLS.

Digital engagement, school burnout and academic performance: Longitudinal within-student relations

Hietajärvi, L., Maksniemi, E., Lonka, K., Hakkarainen, K., Alho, K. & Salmela-Aro, K., Jun 2022, In: *Open Science Framework Preprints*.

Intraindividual associations between active social media use, exhaustion, and bedtime vary according to age: A longitudinal study across adolescence

Maksniemi, E., Hietajärvi, L., Ketonen, E. E., Lonka, K., Puukko, K. & Salmela-Aro, K., 7 Apr 2022, In: *Journal of Adolescence*. 94, 3, p. 401-414 14 p.

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Engberg, E., Hietajärvi, L., Maksniemi, E., Lahti, J. M., Lonka, K., Salmela-Aro, K. & Viljakainen, H., Mar 2022, In: *Mental health and physical activity*. 22, 12 p., 100448.

Report on the effects of ICT use on attention-related cognitive functions measured with ESM and fMRI: Focus on ESM and fMRI methods to measure effects of ICT skills and use on wellbeing and cognitive functions

Salmela-Aro, K., Alho, K., Järvinen, J., Salonen, R., Mannerström, R., Hietajärvi, L., Maksniemi, E., Puukko, K., Gale, J., Bossens, E., Ylinen, A., Wikman, P., Bellon, E. & De Smedt, B., 2022, Zenodo.

Social Media Use and Depressive Symptoms—A Longitudinal Study from Early to Late Adolescence

Puukko, K., Hietajärvi, L., Maksniemi, E., Alho, K. & Salmela-Aro, K., 12 Aug 2020, In: *International Journal of Environmental Research and Public Health*. 17, 16, 18 p., 5921.

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Lonka, K., Makkonen, J., Berg, M., Talvio, M., Maksniemi, E., Kruskopf, M., Lammassaari, H., Hietajärvi, L. & Westling, S. K., 26 Jun 2018, Helsinki: Edita. 224 p.

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Lonka, K. & Maksniemi, E., 2018, *Kirsti Lonka: Phenomenal Learning from Finland*. Helsinki: Edita, p. 104-111 8 p.

Competence 7: Participating, Influencing and Building a Sustainable Future

Lonka, K. & Maksniemi, E., 2018, *Kirsti Lonka: Phenomenal Learning from Finland*. Helsinki: Edita, p. 162-172 11 p.

Sosiodigitaalisen osallistumisen, unenlaadun ja kouluhyvinvoinnin väliset yhteydet kuudesluokkalaisilla

Maksniemi, E., Hietajärvi, L., Lonka, K., Marttinen, E. & Salmela-Aro, K., 2018, In: *Psykologia*. 53, 2-3, p. 180-200 22 p.

Sosiodigitaalisen osallistumisen, nukkumistottumusten ja hyvinvoinnin väliset yhteydet kuudesluokkalaisilla

Maksniemi, E., Apr 2017, Helsinki: Helsingin yliopisto. 69 p.

How to Design Engaging Educational Solutions?

Hietajärvi, L. V. O. & Maksniemi, E. I., 2017, 22 p. Education Alliance Finland.

Tie laaja-alaiseen osaamiseen / Road to 21st Century Competence: L3 Itsestä huolehtiminen ja arjen taidot

Maksniemi, E. I., 2017, 21 p. Microsoft.

Tie laaja-alaiseen osaamiseen / Road to 21st Century Competence: L7 Osallistuminen, vaikuttaminen ja kestävän

tulevaisuuden rakentaminen / T7 Participating, Influencing and Building a Sustainable Future

Maksniemi, E. I., 2017, 22 p. Microsoft.

Projects

Bridging the Gaps - Affective, cognitive, and social consequences of digital revolution for youth development and education

Salmela-Aro, K. (Project manager), Lonka, K. (Project manager), Hakkarainen, K. (Principal Investigator), Marttinen, E. (Principal Investigator), Ketonen, E. E. (Principal Investigator), Moisala, M. (Principal Investigator), Mannerström, R. (Principal Investigator), Hietajärvi, L. (Principal Investigator), Maksniemi, E. (Principal Investigator), Shupin, L. (Principal Investigator), Dhir, A. (Principal Investigator), Järvinen, J. (Principal Investigator), Parada, F. (Principal Investigator), Vinni-Laakso, J. (Principal Investigator), Mademurk, K. (Principal Investigator), Upadyaya, K. M. (Principal Investigator) & Puukko, K. T. (Principal Investigator)

01/09/2017 → 31/08/2021

Engaging Working Culture

Halonen, N. (Principal Investigator), Maksniemi, E. (Other), Juhantalo, P. (Other), Sarvi, O. (Other) & Lonka, K. (Project manager)

01/01/2016 → 31/03/2017

Mind Hub -tutkimusryhmä

Salmela-Aro, K. (Project manager), Upadyaya, K. M. (Principal Investigator), Ranta, M. (Participant), Vinni-Laakso, J. (Participant), Tang, X. (Participant), Mannerström, R. (Participant), Maksniemi, E. (Participant), Lappi, A. E. (Participant), Nykanen, M. (Participant), Järvinen, J. (Participant) & Puukko, K. T. (Participant)

03/01/2000 → ...

R to B: Oikeus osallisuuteen: Yksinäisyyden ja ostrakismin vähentäminen lapsuudessa ja nuoruudessa

Salmela-Aro, K. (Project manager), Abdulhamed, R. (Participant), Beattie, M. (Participant), Ferber, K. A. (Participant), Li, P.-H. (Participant), Maksniemi, E. (Participant), Oksanen, P. (Participant) & Pollock, G. (Participant)

Academy of Finland

01/10/2022 → 30/09/2025

REMEDIS - RETHINKING MEDIA LITERACY AND DIGITAL SKILLS IN EUROPE

Salmela-Aro, K. (Project manager), Hietajärvi, L. (Participant), Irani Ouchbolagh, F. (Participant), Maksniemi, E. (Participant), Maksniemi, E. (Participant) & Spurava, G. (Participant)

Academy of Finland

01/10/2022 → 30/09/2024

ySKILLS: Youth skills

Salmela-Aro, K. (Project manager), Alho, K. (Project manager), Mannerström, R. (Participant), Ylinen, A. Y. H. (Participant), Wikman, P. (Participant), Hietajärvi, L. (Participant), Leppänen, A. (Participant), Laakso, M.-J. (Participant), Sivula, E. (Participant), Salonen, V. (Project manager), Kuusinen, J. (Participant), Järvinen, J. (Project manager) & Maksniemi, E. (Principal Investigator)

01/01/2020 → 31/12/2023