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## Employment

### **Prof. emer.**

Department of Education  
University of Helsinki  
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1 Jul 2022 → 31 Jan 2025

### **Kasvatus, opetus ja opettajankoulutus**

Finland  
1 Jul 2022 → present

### **Supervisor for doctoral programme**

Doctoral Programme in School, Education, Society, and Culture  
University of Helsinki  
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31 Dec 2018 → present

### **Title of Docent**

Faculty Common Matters (Faculty of Education)  
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Finland  
1 Jan 2010 → present

## Research output

### **Sources influencing primary school student teachers' self-efficacy beliefs in their music studies**

Sepp, A., Kangas, J., Hietanen, L. & Ruismäki, H., 1 Jan 2023, In: Music Education Research. 25, 1, p. 36–48 13 p.

### **Experience of Involvement: a Retrospective Case Study of Supporting the Continuation of Sports Club Participation in Adolescence**

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### **Supporting physical literacy: a case study of preservice classroom teachers' perceptions**

Uljas, L., Valtonen, J. O., Autio, O. & Ruismäki, H., 30 Sep 2022, In: Journal of Physical Education and Sport. 22, 9, p. 2069 - 2075 7 p., 264.

### **Sources influencing primary school teacher students' self-efficacy beliefs in their music studies**

Sepp, A., Kangas, J., Hietanen, L. & Ruismäki, H., 15 Aug 2022, (Accepted/In press) In: Music Education Research.

### **Music lecturers' professional development through distant coteaching between two universities in Finland.**

Hietanen, L., Sepp, A. & Ruismäki, H., Jul 2022, In: Research Studies in Music Education. 44, 2, p. 363-379 17 p.

### **Student teachers' and teacher educators' pedagogical reflections on piano courses in Finnish primary school teacher education.**

Sepp, A., Hietanen, L. & Ruismäki, H., 28 Mar 2022, (E-pub ahead of print) In: Research Studies in Music Education. 17 p.

#### **Taito- ja taidekasvatus elämänmittaiseksi eliksiiriksi**

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#### **Student teachers' views of their own musical skills to teach the National Core Curriculum in Finland**

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#### **Entrepreneurial identity formation through musical identity formation**

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#### **Luokanopettajaksi opiskelevien pianonsoitto- ja säestystaidot sekä niiden taustalla vaikuttavia tekijöitä.**

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#### **Luokanopettajaopiskelijoiden kokemuksia pianonsoiton sulautuvista oppimisympäristöistä**

Hietanen, L., Sepp, A., Ojala, A., Tuisku, V. & Ruismäki, H., 2021, In: Musiikkikasvatus. 24, 1, p. 29-42 14 p.

#### **Yhteistyötä yli rajojen: opettajankoulutuksen taito- ja taideaineiden opetusta kehittämässä**

Ruismäki, H., Suomi, H-M. & Ruokonen, I., 2021, *Mahdolliset maailmat: puheenvuoroja taidealojen opettajuudesta ja opettajankoulutuksen kehittämisestä*. Pekkilä, S., Rastas, M. & Laakso, E. (eds.). Helsinki: Opetus- ja kulttuuriministeriö, p. 78-95 18 p.

#### **Examining opportunities for children to participate in formal early childhood music education**

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#### **Jokaisella lapsella on oikeus laadukkaaseen musiikkikasvatukseen**

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#### **Ajankäyttö ja vähintään kohtuukuormitteinen fyysinen aktiivisuus lasten toiminnoissa varhaiskasvatuksessa**

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#### **A Web-based Music Learning Environment: A Case Study of Users' Experiences**

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#### **Outlining New Guidelines for the Assessment of the Education Diploma in Music**

Ojala, A., Ruokonen, I., Ruismäki, H. & Sepp, A., 8 Sep 2019, In: The European Journal of Social & Behavioural Sciences . XXVI, 3, p. 3021-3031 11 p., 263.

#### **University Music Educators Creating Piano-Learning Environments in Finnish Primary School Teacher Education**

Sepp, A., Hietanen, L., Enbuska, J., Tuisku, V., Ruokonen, I. & Ruismäki, H., Feb 2019, In: The European Journal of Social & Behavioural Sciences . XXIV, 1, p. 2852-2864 13 p., 249.

#### **Enhancing students' latent nascent entrepreneurship in basic education**

Hietanen, L. & Ruismäki, H., 2019, *The Role and Impact of Entrepreneurship Education: Methods, Teachers and Innovative Programmes*. Fayolle, A., Kariv, D. & Matlay, H. (eds.). Cheltenham, UK: Edward Elgar, p. 146-163 18 p. (New horizons in entrepreneurship).

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### **A Comparison of the Entrance Examinations for Postgraduate Music Education at Selected Estonian and Finnish Universities**

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### **Preschool children are more physically active and less sedentary on weekdays compared with weekends**

Kyhälä, A-L., Reunamo, J. & Ruismäki, H., 2018, In: Journal of Early Childhood Education Research. 7, 1, p. 100-126 27 p.

### **Students' expectations and reflections about piano courses in Finnish primary school teacher education**

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### **Enhancing Primary School Student Teachers' Psychological Ownership in Teaching Music**

Hietanen, L., Koironen, M. & Ruismäki, H., 30 Dec 2017, *Theoretical Orientations and Practical Applications of Psychological Ownership*. Olckers, C., van Zyl, L. & van der Vaart, L. (eds.). Cham: Springer, p. 229-248 20 p.

### **Julkisen taide osana opiskeluympäristöä: lukiolaisten kokemuksia**

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### **Finnish student teachers' self-assessments of music study in a blended learning environment**

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### **Songdrawing in the classroom: elementary school teachers' conceptions of songdrawing**

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### **Steps Together: Children's Experiences of Participation in Club Activities With the Elderly**

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### **The Finnish Journal of Music Education 2017/2 vol. 20**

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### **Musical restriction as a transfer burden between generations**

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### **Awakening students' entrepreneurial selves: case music in basic education**

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**Musiikkirajoitteisuus sukupolvien välisenä siirtotaakkana**

Lehtonen, K., Juvonen, A. & Ruismäki, H., 1 Aug 2016, In: *Musiikkikasvatus*. 19, 1, p. 29-42 14 p.

**E-Learning in Music: A Case Study of Learning Group Composing in a Blended Learning Environment**

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**Instrument teacher's narrative identity and professional growth**

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**Student Teachers' Guided Autonomous Learning: Challenges and Possibilities in Music Education**

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**Beyond the Classroom: Future Music Education through Technology**

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**Music behind the Scores: Case Study of Learning Improvisation with the Playback Orchestra Method**

Juntunen, P., Ruokonen, I. & Ruismäki, H., Dec 2015, In: *Journal of Computer Assisted Learning*. 31, 6, p. 582-591 10 p.

**Orientations and design learning in Finnish pre-school education by improvisation and composing with a 5-string kantele**

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**Musical practices and methods in music lessons: a comparative study of Estonian and Finnish general music education**

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**Socialization Into Teaching Physical Education – Acculturative Formation Of Perceived Strengths**

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**Artists at School – Developing Pupils' Social Interaction through Artist-teacher Co-operation**

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**The classroom climate in drama lessons taught by teacher trainees**

Toivanen, T., Malkamäki, R., Iivonen, J. & Ruismäki, H., 16 Jan 2015, In: *Procedia : Social and Behavioral Sciences*. 171, p. 1135-1141 7 p.

**Eheyttävät musiikkimuistot osana elämäntarinaa**

Lehtonen, K., Juvonen, A. & Ruismäki, H., 2015, In: *Musiikki*. 45, 3-4, p. 101-118 18 p.

**The European Journal of Social and Behavioural Sciences EJSBS Volume XII, Number 1 (2015): Design in Mind**

Ruokonen, I. (ed.) & Ruismäki, H. (ed.), 2015, Nicosia: Cognitive Counselling Research & Conference Services (C-cracs). 54 p. (The European Journal of Social and Behavioural Sciences EJSBS; vol. 12, no. 1)

**'Singing is no longer forbidden to me – it's like part of my human dignity has been restored.' Adult non-singers learning to sing: An explorative intervention study**

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**After a Decade: What remains of a kindergarten developmental arts education project?**

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**The Finnish Five-String Kantele: Sustainably Designed for Musical Joy**

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**Examination Reform at the Sibelius Academy – Cultural And Structural Effects**

Rajala, I., Ruokonen, I. & Ruismäki, H., Aug 2014, In: Problems in music pedagogy. 13, 1, p. 7-19 13 p.

**The Relationships between Pre-Service Primary Teachers' Teaching and Instructing/Coaching Orientations, and Their Perceived Strengths in Teaching Physical Education at the Primary Level**

Valtonen, J., Hirvensalo, M., Reunamo, J. & Ruismäki, H., 24 Jun 2014, In: Creative Education. 5, 11, p. 954-962 9 p.

**Developing mental training methods for student teachers**

Immonen, O., Oksanen, A., Ruokonen, I. & Ruismäki, H., 2014, *Voices for Tomorrow: Sixth Intercultural Journal of Intercultural Arts Education*. Ruismäki, H. & Ruokonen, I. (eds.). Helsinki: University of Helsinki, Department of Teacher Education, p. 107-117 11 p. (Research report / University of Helsinki, Faculty of Behavioural Sciences, Department of Teacher Education; no. 352).

**Does Arts Education Develop School Readiness? Teachers' and Artists' Points of View on an Art Education Project**

Nevanen, S., Juvonen, A. & Ruismäki, H., 2014, In: Arts Education Policy Review. 115, 3, p. 72-81 10 p.

**Kindergarten and School as Learning Environment for Art**

Nevanen, S., Juvonen, A. & Ruismäki, H., 2014, In: International Journal of Education Through Art. 10, 1, p. 7-22 16 p.

**Learning through the arts: Developing teacher-artist co-operation**

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**The impact of playback in learning musicianship skills and musical communication**

Juntunen, P., Ruokonen, I. & Ruismäki, H., 2014, In: The changing face of music and art education : Education Interdisciplinary Journal for Music and Art Pedagogy - CFMAE journal . 6, 1, p. 49-68 18 p.

**Voices for Tomorrow: Sixth International Journal of Intercultural Arts Education**

Ruismäki, H. & Ruokonen, I., 2014, Helsinki: University of Helsinki, Department of Teacher Education. 146 p. (Research report / University of Helsinki, Faculty of Behavioural Sciences, Department of Teacher Education; no. 352)

**Harmonizing music memories as a part of life story**

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**About the Content of Estonian and Finnish Music Teachers' Pedagogical Thinking**

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**Bridges of joy – a case study of the collaborative design learning process of the university teacher students**

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### **Creative pedagogy - Supporting children's creativity through drama**

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### **European Journal of Social & Behavioural Sciences, Special Volume 6: Design in Mind 1: ICEEPSY 2013**

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### **Examination Reform at the Sibelius Academy from 1974-1980: Implementation and communication of organizational change**

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### **The iPad and music in the new learning environment**

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### **The multiple aims of arts education to support sustainable development**

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### **Learning Circus Skills in a Day Care Centre: Student Teachers in a Cooperative, Integrative Arts Education Project**

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### **The Challenge of an Empty Space: Pedagogical and Multimodal Interaction in Drama Lessons**

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### **Luuletko olevasi epämusikaalinen: Alioartikkeli**

Juvonen, A., Lehtonen, K. & Ruismäki, H., 25 Aug 2012, In: *Turun Sanomat*. 25.8.2012, 1 p.

### **Luuletko olevasi epämusikaalinen**

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### **Art Education as Multiprofessional Collaboration**

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### **Children's Peer Relations and Children's Physical Activity**

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### **Design of Music Syllabi in Estonian and Finnish National Core Curricula for Comprehensive Schools**

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### **Educators' Professional and Personal Growth: A Case Study of European Teachers' In-Service Training Courses**

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### **Elements of Mental Training in Music**

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### **From Novice to Expert: Information Seeking Processes of University Students and Researchers**

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### **Instructions in Skills Teaching: A Case Study of Four Elementary School Handicrafts Teachers**

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### **Liikuntaa opettavaksi opettajaksi sosiaalistuminen - luokanopettajaopiskelijoiden koulutus- ja työkokemustaustojen yhteydet käsityksiin hyvästä alakoulun liikunnanopetuksesta**

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### **Multiculturalism and cultural identities in art education**

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### **Music Education Facing New Challenges**

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### **Musiikki vahvistaa uskoa omaan menestymiseen myös muissa aineissa: -Musiikkiharrastus ja oppilaiden suhtautuminen koulun oppiaineisiin**

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#### **Musiikkikasvatuksen tutkimuksen lähihistorian tarkastelua**

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#### **Organizational Culture and Organizational Change at Arts Universities**

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#### **Physical Activity and Learning Environment Qualities in Finnish Day Care**

Kyhälä, A-L., Reunamo, J. & Ruismäki, H., 2012, In: *Procedia : Social and Behavioral Sciences*. 45, p. 247-256 10 p.

#### **Preschool Children and the 5-String Kantele: An Exercise in Composition**

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#### **Procedia - Social and Behavioral Sciences : Volume 45: The 5th International Conference of Intercultural Arts Education 2012: Design Learning, University of Helsinki, Finland The 5th International Conference of Intercultural Arts Education 2012: Design Learning, University of Helsinki, Finland**

Ruismäki, H. (ed.) & Ruokonen, I. (ed.), 2012, Amsterdam: Elsevier Scientific Publ. Co. 620 p. (Procedia - Social and Behavioral Sciences; vol. 45)

#### **Progress in Using an Electronic Playing Environment. A Comparative Study between Cantors and Primary Teacher Students Specialising in Music**

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#### **Qualitative Evaluation Processes in Arts Educational Projects**

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#### **Review of the choir singing tradition in Estonia: praxial music education and socio-cultural aspects**

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